

Psychosocial, treatment, and demographic predictors of the stress associated with infertility

For both men and women, stress was directly correlated with treatment costs and number of tests and treatments received, and did not relate to age, number of years married, or number of years of infertility. For women, attitudes about infertility treatments, importance of children, and level of social support significantly affected stress levels. Authors recommend increasing patients' sense of control, realistic optimism and social support to reduce stress.

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