

Behaviorally induced reproductive compromise in women and men

Psychosocial problems can affect the central GnRH-LH/FSH drive, and cause ovarian compromise on a continuum of amenorrhea, oligomenorrhea, polymenorrhea, or luteal-phase deficiency. Although drug treatment can restore reproductive function, it is also masking the problem. "Attitudes, moods, and behaviors can have endocrine consequences and cause definable reproductive disorders...Misattributions, negative images of self and others, unrealistic expectations, and emotional disharmony can cause neuroendocrine havoc."

1997 Semin Reprod Endocrinol 15;1:47-53

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